

- \* Happy birthday to Doris
- \* Building gets to the brickwork

- \*Two more bedroom get upgrades..
- \*Food charts still show great success..



*Happy Birthday to Doris Green..... '99' years old this month, one more year to get the Queens message.....Congratulations Doris.*

I hope that I look as good as Doris at 99, should I make it of course..?? I think that the other residents enjoyed the celebration, and some I spoke to hoped they would still be "going that well at that age" ... congratulations Doris.

The food seems to be very successful, as our records show that the meals are well received, and that the waste coming back 'through the hatch' is at its lowest point. I am delighted with these results, as I know how important good food is, and I speak as a great food lover myself. I went to another conference last week to sample new foods and choices available to our residents (over 200), and found them absolutely fabulous. I took the opportunity whilst there to read some of the facts about taste changes experienced in later life, and found that our ability to taste food as we age weakens, and that it has been compensated for in the products we buy, so that the meals still hold a good strong taste. This would explain why the lamb curry is well chosen, as I thought this would not work?

I would invite anybody wishing to come to a tasting evening to contact Rachel with their name and number of guests, so that we can arrange an evening with the food supplier and chef.

## *Monthly Bulletin –February 2010.*



Great to see brick going up now, there was a delay in January due to the extreme weather conditions, but we hope to make the time up this month. We now have to just overcome an issue with the decking area at the rear, as the planner does not seem to like the decking now.... I am sure that given the research we used, we will overcome this problem and get it passed through....?  *kindest regards .... Take Care & be safe Stephen*